

COSMOPOLITAN

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p. 80

Sex

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**V zone-safe
scent tips**

Q Is it safe to spray
perfume down *there*?

A It's not dangerous, just drying. Most scents are alcohol-based and can zap moisture levels, says urologist Jennifer Berman, of Brentwood, California. Instead, spritz on an alcohol-free essential oil, like SweetSpot Balancing Mist, \$12.